



DSSA works with you, your family and the wider community to support people with Down syndrome achieve their full potential.

It is our vision to promote inclusion, diversity and opportunity for people with Down syndrome to learn, grow and thrive.

We believe people with Down syndrome, global developmental delay and other chromosomal disorders can lead fulfilling lives.




Would you like to know more?
For more information, contact us on:

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 **Down Syndrome SA**
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Choosing your future
DSSA Services



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Creating Opportunities

Down Syndrome SA (DSSA) provides services to empower individuals with Down syndrome to live full and rewarding lives.

Early Intervention

DSSA offers a range of services to support the growth and development of children in the early years.

The program reflects a family centred approach to Early Intervention providing home visiting, centre based services, child assessments and individual plans. Services include:

- Pre and post-natal visiting in the hospital and home
- Early Intervention Parent support groups for 0-6 year olds

Individualised support and services

- Support for key milestones including transition to child care, kindy, post school and independent living
- Support to navigate the NDIS
- Specialised consultancy for families, education and community settings



Life Education and Work Skills

DSSA offers Adult Education programs to build skills and confidence towards independent living and employment.

Life Education provides individuals with the opportunity to develop skills to live as independently as possible. Participants engage in activities around health and fitness, literacy, numeracy, communication and social interaction.

There is also a focus on daily living tasks including cooking, cleaning and shopping.

Work Skills provides participants with an opportunity to identify their prevocational and vocational skills with the aim of increasing their opportunity to gain employment

Leisure and Recreation

DSSA has a full range of leisure and recreation activities available, inclusive of all cultures, genders and abilities.

Activities include:

- Club Slick - a monthly dance event
- Club Strike - a monthly ten pin bowling league
- Dance Down - a weekly dance program
- Getaways - adult weekends away
- Camps - school holiday camps held twice a year

The focus of these activities is on skill development, regular social interaction and not to mention, having fun!

